

# SCUBA DVING

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★★★★★ PADI SCUBA CENTRE



### ONE OF ASIA'S MOST SPECTACULAR TROPICAL ISLAND ENCLAVES

#### THE ANAMBAS ARCHIPELAGO IS A TRUE UTOPIA FOR DIVERS

Bawah Reserve is a boutique resort consisting of six pristine islands surrounded by spectacular underwater scenery. We have access to 13 dive sites, located a short boatride away. We offer easy, relaxing diving, with vibrant shallow reefs and gentle currents.

As part of the 2nd largest Marine Protected Area (MPA) in Indonesia, Bawah features an abundance of flourishing coral reefs with vibrant marine life. We are proud to be part of the World Wildlife Fund's (WWF) Signing Blue Initiative, and our surrounding lagoons and reefs are marine conservation areas certified by WWF Indonesia.

We are a PADI-certified five-star diving centre with 4 marine biologists on staff. Safety is always our first priority and we operate at a maximum diver to guide ratio of 2:1. We have vibrant, gentle reefs for diving, and a sheltered, sandy lagoon perfect for training. Our mission is to help children and adults fall in love with the ocean and the marine life in it.

#### WHAT TO EXPECT

Our dive sites are home to colourful coral reefs with a wide variety of fish, invertebrates and other marine animals, starting around 2 -3m deep and slowly sloping down to between 8 – 12m. before dropping off a steep shelf and levelling off again around at a depth of 25 -30m. We use Scubapro diving equipment and offer flexible diving schedules that help you make the most of your underwater experiences. All of the dive sites around Bawah are within a 15-minute boat journey from the resort.

Fees for all dives and diving experiences include a donation and a marine park fee that goes towards the upkeep of the Anambas Marine Protected Area, or MPA.



### PAD BUBBLE MAKER

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## The **PADI Bubblemaker Experience** is a fantastic way to introduce children between **8 - 10 years of age** to basic scuba diving skills.

It starts with a safety and theory briefing, where the students learn to stay close to their instructors and what to do if they start to feel nervous or get water in their masks.

Once they are comfortable with this, we show them how to operate their equipment, put it on and then - after practising some simple skills in our swimming pool - enter the safe, shallow reefs of our lagoon for a fun dive to a maximum depth of four metres.

If they enjoy the experience and are comfortable, we can then take them on additional fun dives from our custom dive boat on the outer reefs, again to a maximum depth of four metres. These additional dives are at a reduced cost compared to the initial Bubble Maker.

Once the student has completed their Bubble Maker, they will receive a Certificate of Recognition of their achievement.

To ensure the highest standard of safety, each Bawah Reserve diving instructor teaches no more than two students at a time.

#### **PROGRAMME DETAILS**

#### What's included?

- ~ 1.5 hours of instruction and skills practice
- ~ 1 Fun Dive in our sheltered lagoon
- ~ Use of Scubapro diving equipment
- ~ Dive Insurance

- To be at least 8 years old (for kids aged 10 years and older we offer the PADI Discover Scuba Diving programme)
- ~ To be medically fit to dive



# PAD DISCOVER SCUBA SCUBA DIVING

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### **PADI Discover Scuba Diving** (DSD) is your first step beneath the surface.

This scuba diving experience provides a taster before committing to a full diving course. It includes introductory theory training plus skills practice in our swimming pool to teach the basics of diving. Your Bawah Reserve Dive Professional will cover all aspects of safety - both above and below the water - and teach you how to use the equipment correctly.

#### WHAT TO EXPECT DURING YOUR DIVE EXPERIENCE

You'll learn essential scuba skills such as how to clear water from your regulator and mask, control your buoyancy, and swim comfortably underwater. The focus of this experience is on ease and enjoyment—helping you feel relaxed and confident beneath the surface. Throughout your dive, you'll be under the close care of our PADI professionals, allowing you to fully immerse yourself in the vibrant beauty of Bawah's coral reefs.

Once you've practiced skills in our swimming pool and feel competent, confident and ready to experience the magic of diving, you will accompany your instructor to one of the beautiful reefs around Bawah Reserve for a fun dive to a depth of no more than 12 metres.

While the Discover Scuba Diving (DSD) experience is <u>not a certification</u>, it does introduce you to key elements of the PADI Open Water course. Should you choose to continue your underwater journey with us, the skills and dive completed during your DSD may be credited towards your PADI certification.

#### **PROGRAMME DETAILS**

#### What's included?

- ~ Introduction to Dive Theory
- ~ 1.5 hours of instruction and skills practice
- ~ 1 Fun Dive
- ~ Use of Scubapro diving equipment
- ~ Dive insurance

- ~ To be at least 10 years old
- ~ To be medically fit to dive

### SCUBA REFRESHER

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Our **Scuba Refresher** is designed to quickly reintroduce you to diving and boost your confidence by reinforcing your existing skills and dive knowledge.

Required for certified divers who haven't been diving for a year or longer, this short course includes a dive theory review, equipment use evaluation and a mini dive in the sheltered waters of Bawah Reserve's lagoon. We review your skills and answer your questions before practising the skills underwater so as to increase your comfort during your future fun dives.

After a discussion about your previous dive experiences with one of our experienced PADI professionals, we design the refresher around you. We tailor it to include aspects of diving that you may have struggled with in the past, so you feel completely confident with us.

While our schedule remains flexible to suit your needs, Scuba Refresher sessions are typically followed by a relaxed fun dive on our vibrant coral reef—an ideal way to put your refreshed skills into practice.

For those who haven't been diving in 5 to 10 years—or longer—we recommend the PADI ReActivate program. This comprehensive refresher revisits the full range of skills from your original Open Water course, ensuring you feel confident and prepared to dive again.

For more information, please contact our dive team directly at divemgr@bawahreserve.com.

#### **PROGRAMME DETAILS**

#### What's included?

- ~ Theory training through PADI eLearning materials (ReActivate only)
- ~ Briefing & equipment setup on land
- ~ Skills practice & mini dive underwater
- ~ Use of Scubapro Diving Equipment
- ~ Dive insurance
- ~ Dive log book (ReActivate only)
- ~ PADI ReActivate Certification eCard (Reactivate only)

- ~ To be medically fit to dive
- ~ To hold at least an entry level dive certification from any accredited dive organisation

### FUN DIVING

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#### If you are a certified diver, you can get a proper introduction to Bawah's colourful and fascinating marine life on this **Fun Diving** Experience.

Ideal for both beginners and experienced divers, Fun Diving at Bawah Reserve reflects the resort's relaxed atmosphere. With vibrant shallow reefs, gentle currents, and great visibility year-round, there's something here for everyone. Our reefs are rich with biodiversity expect sightings of Green and Hawksbill turtles, Bumphead Parrotfish, Blacktip Reef Sharks, Barracuda, Triggerfish, schooling fish (Fusiliers, Trevally, Batfish), Lionfish, Pufferfish, Octopus, Moray eels, nudibranchs, and more.

All of our dive sites are within a 15-minute boat ride on our custom-built dive boats, with water, fruit juice, snacks and towels all provided.

Travelling with non-divers? They're welcome to join our dive trips and enjoy guided snorkelling at the same beautiful sites for a small extra charge.

At Bawah Reserve, we strive to make your diving experience as personal and exclusive as possible, with small groups and dedicated dive guides. While we always aim for this, peak times may limit availability. If you'd prefer a fully private experience with your own boat and guide we can arrange this for an additional fee.

> To maximise your experience, we recommend prebooking a 5, 10 or 15-dive package per villa to enjoy preferred rates. See the back of this brochure for details - or speak to our dive team. We're here to help you make the most of every dive.

#### **PROGRAMME DETAILS**

#### What's included?

- A Fun Dive lasting either 60 minutes, or when tanks reach 50bar
- ~ Boat fee
- ~ Use of Scubapro Diving Equipment
- ~ Dive insurance

#### What do you need?

- ~ To be at least 10 years old
- ~ To hold at least an entry level dive certification f rom any accredited dive organisation
- ~ To have been diving or to have completed a Scuba Refresher within the past 12 months
- ~ To be medically fit to dive

For divers with higher air consumption, we offer a limited number of complimentary 15L tanks to extend bottom time.

### NIGHT DIVING

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Experience the thrill of **Night Diving** here at Bawah Reserve. Night diving offers a totally different perspective on any dive site you may have experienced during the day.

By showcasing underwater life that is well hidden while the sun is in the sky, night diving offers wonderful insights into the reef after dark. You will commonly see corals filter feeding, plus crabs, shrimp, moray eels, nudibranchs and other invertebrates roaming their territory; even the glow of bioluminescent plankton. The incomparable mystery and calm of a night dive is an unforgettable experience for any diver. If you are interested in Night diving, but only have an Open Water certification you may join a Night Dive as part of a PADI Adventure Dive, or your PADI Advanced Open Water Course.

#### **PROGRAMME DETAILS**

#### What's included?

- A Night Dive lasting either
  60 minutes, or when tanks reach 50bar
- Underwater diving torch
- ~ Use of Scubapro diving equipment
- ~ Dive torch
- ~ Dive insurance

#### What do you need?

- ~ To be at least 12 years of age
- ~ To be medically fit to dive
- To hold and present evidence of PADI Advanced Open Water Diver certification, or the equivalent from another agency
- To have been diving or to have completed a Scuba Refresher course within the past 12 months

#### SEE CORAL AND MARINE CREATURES IN A NEW LIGHT!

Discover vibrant hidden hues with the aid of UV lighting. Bawah offers **Fluro Dives** and **Guided UV Night Snorkelling**, unveiling our reefs' vivid nocturnal colours. *Pricing and full details can be found at the back of this brochure.* 

### DPV DIVING



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Embark on an exciting journey where marine beauty meets innovation. A **DPV (Diver Propulsion Vehicle)**, also known as an underwater scooter, can enhance exploration, conserve air and boost speed, all with a huge smile on your face.



#### ENJOY MORE FREEDOM OF MOVEMENT

Experience new-found underwater freedom with our DPVs. Glide past marine wonders without strenuous swimming, exploring more area in less time. Cruise effortlessly with sea turtles and vibrant fish.

#### **PRESERVE THE ECOSYSTEM**

Efflcient propulsion minimises impact on delicate marine environments. Responsible diving preserves ocean life for the future.

#### MAXIMISE DIVE TIME

Save energy, discover more hidden treasures and rare species.

#### CREATE MEMORABLE GROUP EXPERIENCES

Share the excitement of zooming through the water together, capturing stunning underwater footage with our GoPro attachment for DPVs.

#### SUITABLE FOR EVERYONE

DPV provides added confidence and support to new divers, making it easier to keep pace with your instructor and fellow divers. Experienced divers will appreciate the added thrill and versatility that the DPV brings to their underwater escapades. DPVs are also available for snorkellers!

#### TAKE OUR PADI DPV SPECIALTY COURSE

Have a lot of fun. See more in less time. Achieve your certification in 2 dives. Learn about different types of DPVs. Learn how to handle DPV.

Pricing and full details can be found at the back of this brochure.

### SLAND DVING ADVENTURES

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Embark on a journey of discovery with an Island Diving Adventure to pristine, lesser known dive sites in the Anambas Islands. Dive into untouched underwater worlds teeming with vibrant marine life and breathtaking vistas.

As part of this exclusive experience, you'll explore carefully selected dive sites from areas including Kiabu Island, Mengkait, Telaga, and Tokong Malangbiru. These hidden underwater gems offer exceptional diving and have rarely been visited by anyone. For those with specific sites in mind, personalised dive itineraries can be arranged for a bespoke adventure.

Each day trip includes two or three dives, tailored to your preferences

#### **PROGRAMME DETAILS**

#### What's included?

- ~ Use of Scubapro Diving Equipment
- On board breakfast, lunch, snacks and coffee
- Option to include alcoholic beverages to enjoy after diving<sup>\$</sup>
- ~ Dive insurance

#### What do you need?

- ~ To be at least 12 years of age
- ~ To be medically fit to dive
- To hold and present evidence of a PADI Open Water Diver certification, or the equivalent from another agency
- To have been diving or to have completed a Scuba Refresher course within the past 12 months
- 2 divers minimum (small surcharge for single diver)

and diving goals. With small group sizes and a minimum of two divers required, the experience remains intimate and immersive. Departure time will be tailored to each guest's schedule, based on location and number of dives, ensuring you'll have ample time to fully explore each dive site. We can also include a trip to our partner, the Anambas Foundation's, operation on one of the nearby villages in the Anambas Archipelago.

DISCOUNTS FOR 3 OR MORE DIVERS!

THESE DIVES CAN BE INTEGRATED WITH PADI CERTIFICATION COURSES!

### ARINE CONSERVATION DIVING

**Bawah's Marine Conservation dives** offer a new experience for seasoned divers and snorkellers. With coral reefs occupying less than 1% of the worlds oceans and being home to over 25% of marine species, their protection is vital to the health of our planet.

The programme allows you an insight into the many Marine Conservation projects championed by Bawah Reserve and gives our team a chance to share our passion with like minded individuals. You gain practical experience in Marine Conservation tasks and all activities are preceded by a 45-minute presentation from one of our qualified marine biologists.

If you are interested in increasing your skills and knowledge further, please consider our 3-day Marine Conservation heroes experiences!

#### **CORAL TRANSPLANTING**

Make your dive count! Although the majority of coral reefs surrounding Bawah Reserve are flourishing, a few areas have been affected by decades of unsustainable fishing. Our marine biologists have identified the reefs most in need of repair, and our dive guests are now invited to actively participate in repopulating them with healthy coral fragments from our coral nursery.

#### REEF HEALTH MONITORING & UNDERWATER CLEAN UP

This educational dive programme is designed to enhance your knowledge of coral reefs while you learn how to help them remain healthy for future generations. You will learn survey techniques and then participate in a survey at one of our seven sites. Once the survey is completed you will use the remainder of the dive to search for and remove man-made debris such as drift nets and plastic items that have floated onto our reefs on water currents.

#### **TURTLE PHOTO IDENTIFICATION**

Divers or Snorkellers are welcome to join this project! You will take one of our Diver Propulsion Vehicles (DPVs) and survey the reef for individual turtles. Once found you will skilfully manoeuvre yourself in order to take photos of each side of the turtle's face. The patterns found on a turtle's face are individual to each turtle, so by taking good quality photos of the turtle we will be able to determine if we have seen them on our reefs before!



### MARINE CONSERVATION ADOPTION

The underwater world is a marvel of fascinating ecosystems teeming with a rich variety of vibrantly coloured marine plants and sea creatures. At Bawah Reserve, we believe wholeheartedly in marine conservation and are doing all we can to protect the Anambas reefs.

For guests who share our commitment to marine conservation, we offer adoption programmes that give you the opportunity to directly influence and support this work. After leaving Bawah we will provide you with updates on your donation over a suitable period of time.

> DONATIONS CAN BE ADDED TO YOUR FINAL BILL.

#### ADOPT A TURTLE NEST

To protect our local population of turtle nests we patrol and relocate freshly laid eggs in our purpose-built nest enclosure where we can defend them against poachers and other predators. By adopting one of our turtle nests, you will be supporting our efforts to increase the local population of these endangered creatures. We will send you information on the number and species of successful hatchlings, plus photos of the miraculous event.

USD \$100 (season-dependent)

#### ADOPT A CORAL TREE FROM OUR NURSERY

Coral trees are safe spaces where threatened coral fragments from our local reefs receive the nutrients they need to grow and thrive. After maturing they are transplanted onto a natural or artificial reef structure by one of our marine conservation divers (that could be you!), where they continue to grow.

USD \$100 per year

#### ADOPT AN ARTIFICIAL REEF UNIT

Artificial Reefs are the structures that make coral restoration truly possible. These man-made structures are designed to provide a solid, stable substrate that coral fragments can attach to and grow out from, eventually growing enough to cover the structure and visibly becoming no different to a natural reef.

At Bawah, we have a variety of Artificial Reef sites that you can adopt and support, made of different materials and designs to best suit the topography of the environment they are deployed in. Please discuss with our Marine Conservation team if you are interested in a particular site, otherwise we will be happy to assign you a suitable one.

#### USD \$200 single unit p/year or \$500 whole site p/year

#### TURTLE SATELLITE TAGGING

Our marine conservation team has become the first group in the Riau islands to utilise GPS technology to tag and track the movements of endangered hawksbill and green turtles.

This tagging programme allows our marine biologists to monitor the turtles' movements. This could help to identify the key foraging sites of Bawah's sea turtles and the subsequent expansion of Marine Protected Areas to support their continuing conservation.

This project has already started, but still needs support to grow to its full potential. Each donation will support the deployment of a single tag, as the technology is still very expensive. As an adopter, you would be able to name your turtle, have access to the Argos Satellite System so as to track its movements and be updated on the impact of the research. Just imagine the satisfaction of supporting such a worthwhile project!





### MARINE CONSERVATION HEROES EXPERIENCES

Take part in three unique **three-day Marine Conservation Heroes Experiences** blending Bawah Reserve's natural beauty with marine conservation. Join our marine biologists in restoring coral, monitoring our reefs, or protecting our turtles, creating unforgettable memories while making a lasting impact in our oceans. Donations to our Marine Conservation programs are included, and you will be updated for one year after your experience, so you can see the lasting effect of your contribution!

If you are interested in longer or shorter experiences and have particular activities that you would like to take part in or combine together, please contact our Dive Centre at divemgr@bawahreserve. com prior to arrival. We would be happy to customise any of our offerings based on your preferences to give you a truly unique and bespoke experience, which can cater to divers and non-divers alike.

DISCOUNTS OFFERED FOR 2 OR MORE PEOPLE

### CORAL REEF RESTORATION EXPERIENCE

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This is a unique opportunity to take part in the renewal of fragile coral ecosystems. After an introductory session on coral health and artificial reef building, you will spend day one creating your own artificial reef unit. On day two, you will dive to collect coral fragments that have naturally broken off. These will be introduced to our reef nurseries for rehabilitation. The final day culminates with the deployment of your newly created reef structures, along with the transplanting of nursery-grown corals into damaged reef areas. This immersive experience includes four dives, giving you the chance to make a lasting impact. For a full year, you will receive progress updates on the reefs you helped restore.

#### **PROGRAMME DETAILS**

#### What's included?

- ~ 3 day programme
- ~ 4 marine conservation dives
- Donation to support your project & 1 year of progress updates
- ~ Certificate of Recognition

- ~ To be at least 12 years of age
- ~ To be medically fit to dive
- To hold and present evidence of a PADI Open Water Certification and at least 10 logged dives

### REFHEALTH A CORAL PREDATOR REMOVAL HERO EXPERIENCE

#### PRE-ARRIVAL BOOKING REQUIRED!

This bespoke and exclusive Marine Conservation Experience requires advance booking and planning to ensure availability. Please contact our Dive Centre at **divemgr@ bawahreserve.com** to discuss your preferred dates and activities to receive a detailed quote.

For divers interested in the science of reef preservation, our Reef Health Monitoring and Coral Predator Removal programme offers an in- depth look at coral health and fish biodiversity. By using and understanding scientific survey techniques used commonly throughout Indonesia you will understand how reef health is analysed and how it can influence conservation policy across the country.

This experience begins with a coral health monitoring dive, where participants document the reef through underwater photography. Day two shifts focus to biodiversity, as guests dive to catalogue fish species, followed by an exciting night dive to safely remove the crown of thorns starfish, a known coral predator. On the final day, you will analyse your collected data with our marine biologists, understanding how they contribute to long-term reef health. This programme includes three dives and is perfect for divers keen on actively protecting Bawah's vibrant reefs.

#### **PROGRAMME DETAILS**

#### What's included?

- ~ 3 day programme
- 3 marine conservation dives, including 1 night dive
- Donation to our Reef Health Monitoring Survey project and updates on our findings for 1 year.
- ~ Certificate of Recognition
- Dive insurance

- ~ To be at least 12 years of age
- ~ To be medically fit to dive
- To hold and present evidence of a PADI Open Water Certification and at least 10 logged dives

### TURTLE CONSERVATION HERO HERO EXPERIENCE

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#### PRE-ARRIVAL BOOKING REQUIRED!

This bespoke and exclusive Marine Conservation Experience requires advance booking and planning to ensure availability. Please contact our Dive Centre at **divemgr@ bawahreserve.com** to discuss your preferred dates and activities to receive a detailed quote. If you love sea turtles, this experience is a rare opportunity to protect and study these majestic creatures. After an overview of their life cycle and the threats they face, you will join an early morning beach patrol to monitor nesting sites and, if needed, relocate nests to safety. During the day, you will dive or snorkel with Diver Propulsion Vehicles (DPVs) to locate and photograph turtles for identification, contributing to our ongoing research database. Day two offers another turtle identification dive or snorkel, and an evening beach patrol to observe nesting turtles and assist with data collection. On the final day, you will learn to identify individual turtles using our software, adding your findings to our conservation records.

#### **PROGRAMME DETAILS**

#### What's included?

- ~ 3 day programme
- 2 marine conservation dives or snorkelling with a DPV scooter
- ~ Option to earn PADI DPV Specialty Certification
- Donation to our Turtle Nesting Project and updates on our turtle nests
- ~ Certificate of Recognition
- ~ Dive insurance

- ~ To be at least 12 years of age
- ~ To be medically fit to dive
- To hold and present evidence of a PADI Open Water Certification and at least 10 logged dives (for divers) or confidence in water (for snorkellers)

# OPEN WATER DIVER

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If you want to become a certified scuba diver, this is where it starts! The **PADI Open Water** certification course is the first step towards discovering the spectacular marine ecosystem beneath the waves. This performance-based course will provide you with the skills to dive – not only around Bawah Reserve, but at diving spots all over the world.

#### PART 1

#### Theory (e-Learning)

You will learn the major aspects of diving theory, diving equipment and diving skills.

To save precious time, this part of the course can be completed before you come to Bawah Reserve.

#### PART 2

#### Skills Practice & In-Water Training

Having studied the theory behind safe diving, you will join a Bawah Reserve Dive Instructor in shallow water to learn the skills needed for open water dives.

#### PART 3

#### **Open Water Dives**

Now we move to deeper water over 4 dives, culminating in an open water dive to a maximum of 18 metres, where you will demonstrate your mastery of skills learnt in the shallow water and utilise the confidence you have developed through the course to relax and enjoy the underwater scenery.

DON'T HAVE TIME FOR A 3-DAY COURSE? CHECK OUT OUR 1-DAY PADI SCUBA DIVER ALTERNATIVE!

#### **PROGRAMME DETAILS**

#### What's included?

- Theory training (with PADI e-Learning materials)
- Instruction and guidance from a qualified and experienced PADI Instructor
- ~ Use of Scubapro diving equipment
- ~ Dive insurance
- ~ Dive log book
- PADI Open Water certification (allows you to dive to a maximum of 18 metres with a partner)

- To be at least 10 years old (if under 15 years old you will receive a PADI Junior Open Water certification)
- ~ To be medically fit to dive
- To be able to swim: you will need to pass a 200-metre swim test or a 400-metre snorkel test during the course
- To be able to float for 10 minutes in water too deep to stand in

# SCUBA DIVER

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#### Short on time but still want to get certified? The **PADI Scuba Diver** Course is for you!

The PADI Scuba Diver Course is a wonderful introduction to the world of scuba diving and forms part of the full PADI Open Water Diver certification. Designed for those with limited time, this course includes half a day of shallow water skills training followed by two open water dives—exploring depths of up to 12 metres—under the guidance of a certified PADI professional.

Upon completion, you will earn a Scuba Diver certification, allowing you to dive to a maximum depth of 12 metres while accompanied by a PADI professional. This certification also provides a seamless pathway towards achieving your full Open Water Diver certification, which can be completed at any PADI dive centre worldwide, whenever it suits your schedule.

Typically completed in just one to two days, the course also includes access to the full PADI Open Water eLearning materials. It's a perfect way to build foundational diving skills, offering significantly more comfort and confidence underwater than a one-time introductory dive.

#### **PROGRAMME DETAILS**

#### What's included?

- ~ Theory training (with PADI e-Learning materials)
- Instruction and guidance from a qualified and experienced PADI Instructor
- ~ Use of Scubapro Diving Equipment
- ~ Dive insurance
- ~ Dive log book
- PADI Scuba Diver certification (allows you to dive to a maximum of 12 metres with a PADI professional)

- To be at least 10 years old (if under 15 years old you will receive a PADI Junior Scuba Diver certification)
- ~ To be medically fit to dive
- ~ To be able to float for 10 minutes in water too deep to stand in



# ADVENTURE DIVES

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These are for divers already certified to Open Water level who want to do a more advanced type of dive, but do not yet want to do the Advanced course or take a speciality.

Doing an adventure dive can count towards the Advanced course, or towards a speciality course that you do here or somewhere else in the future, valid for one year.

Taking part in an Adventure dive under the supervision of a PADI instructor gives the student the expertise to develop their diving skills and increase their confidence underwater before undertaking the PADI Advanced Course.

Please contact our dive team directly for more information on any of the adventure dives listed below.

#### We offer the following adventure dives:

- ~ Drift Diving
- ~ Digital Underwater Imaging
- ~ Peak Performance Buoyancy
- ~ Search and Recovery
- ~ Fish Identification
- ~ Underwater Naturalist
- ~ Night Diving
- ~ Deep Diving
- ~ Underwater Navigation

#### **PROGRAMME DETAILS**

#### What's included?

- ~ Independent study
- Instruction and guidance from a qualified and experienced PADI Instructor
- ~ One Adventure Dive
- Diving Credit towards future PADI Advanced Course or Specialty (one year expiry)
- ~ Use of Scubapro Diving Equipment
- ~ Dive insurance

- Open Water certification or the equivalent from another agency
- ~ To be medically fit to dive

# PAD ADVANCED OPEN WATER

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The **PADI Advanced Open Water Diver** course increases your competence and confidence by expanding your dive theory knowledge and building your skills.

#### PART 1

#### Theory (e-Learning)

You will learn about adventure dives, including the practical aspects and physiological effects of deeper scuba diving and how to navigate using water compasses, kick cycles, visual landmarks and time. You will also learn how to use your dive computer more effectively.

To save precious time, this part of the course can be completed before you come to Bawah Reserve.

#### **PART 2**

#### **Open Water Adventure Dives**

This performance based course includes five adventure dives, of which two must be adventure dives that focus on deep scuba diving and navigation skills. For the other three dives, you can choose from:

- ~ Drift Diving
- ~ Digital Underwater Imaging
- ~ Peak Performance Buoyancy
- ~ Search and Recovery
- ~ Fish Identification
- ~ Underwater Naturalist
- ~ Night Diving
- ~ DPV Diving

#### **PROGRAMME DETAILS**

#### What's included?

- ~ Theory training (PADI e-Learning materials)
- 5 dives over 2-3 days (depending on weather and competency)
- ~ Use of Scubapro Diving Equipment
- ~ Dive insurance
- ~ Dive log book
- PADI Advanced Open Water Diver certification

#### What do you need?

- To be at least 15 years old (if under 15 years old you will receive a PADI Junior Advanced Open Water certification)
- ~ To be medically fit to dive
- PADI Open Water certification, Junior Open Water certification, or equivalent certification from another organisation

# SPECIALITIES

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#### SPECIALTY DIVE BUNDLE DISCOUNT Interested in combining specialties (e.g. Peak Performance

Buoyancy & Underwater Imaging)? Discounts available. Contact divemgr@bawahreserve.com for details.

## **PADI Specialities** are a great way to increase your confidence and add more dimensions to your scuba diving.

PADI Specialities are the first steps to PADI Master Diver certification. If you complete 5 specialities and your PADI Rescue Course you can apply to become a PADI Master Diver!

#### At Bawah Reserve, we currently offer six specialities:

- ~ Peak Performance Buoyancy (2 dives) (Min. 10 years old)
- ~ Digital Underwater Imaging (2 dives) (Min. 10 years old)
- ~ DPV Diver (2 dives) (Min. 12 years old)
- ~ Night Diver (4 dives) (Min. 12 years old)
- ~ Deep Diver (4 dives) (Min. 15 years old)
- ~ Sidemount Diver (4 Dives) (Min. 15 years old)

#### PEAK PERFORMANCE BUOYANCY

Perfect buoyancy is the hallmark of a skilled diver. Learn to glide effortlessly, and to ascend and descend as if by thought. Practise your buoyancy over this two-dive course and take your skills to the next level.

#### **NIGHT DIVER**

Experience the joy of diving during the hours of darkness. Learn techniques to keep you feeling comfortable and safe underwater at night, and then marvel at all the wondrous creatures that hide themselves from sight during the day. From crabs to bioluminescent plankton, night diving offers incredible experiences. If you're especially lucky, you may even see coral spawning, which has been described as a once-in-a-lifetime experience!

#### DIGITAL UNDERWATER IMAGING

If your underwater photos tend to be blue and blurry, this is the course for you! Learning different techniques will allow you to find the right subject, positioning and composition for your photos.

#### **DEEP DIVER**

Ever wanted to see what's down there in the deep blue water? With this speciality, you will discover the preparation and planning required to deal with the pressure changes associated with deep diving, together with procedures that ensure a safe descent and ascent. You will learn how to dive safely to 40 metres.

#### **DPV DIVER**

The PADI DPV (Diver Propulsion Vehicle) specialty course enhances dive range, conserves energy, and increases bottom time. It's fun, improves navigation skills, and enables covering more underwater terrain efflciently—ideal for exploring reefs more effectively. Great for both recreational enjoyment and advanced diving adventures.

#### SIDEMOUNT DIVER

PADI Sidemount Diver Specialty will soon be available at Bawah! Enjoy better balance, longer bottom time, and increased comfort, this specialty lets you explore with tanks by your side. Get ready to dive in a whole new way! For more information and to discuss availability contact divemgr@bawahreserve.com

# PADI RESCUE DIVER

18 M

Scuba divers have described the **PADI Rescue Diver** course as the most challenging, yet most rewarding, course they've ever taken. Learning various methods of rescuing both yourself and others makes you a more self-sufficient, knowledgeable and experienced diver.

This course is perfect for those who want to help others. For those considering a career in the diving industry, it is also a prerequisite for both Divemaster and Instructor courses.

#### PART 1

Theory (e-Learning)

Here you will learn the fundamentals of selfrescue, diver rescue, accident prevention and stress management during an emergency situation. To make the most of your time with us, this part of the course can be completed before arrival at Bawah.

#### **PART 2**

#### Skills Practice & In-Water Training

After completing your e-Learning, you will perform 10 rescue exercises in the water with a Bawah Reserve Dive Instructor. During this time, you must successfully prove your competence in rescuing yourself and others.

#### PART 3

#### Open Water Exercises & Rescue Scenarios

You will be placed in two simulated scenarios where you will rescue other divers in the ocean.

#### **PROGRAMME DETAILS**

#### What's included?

- ~ Theory training (PADI e-Learning materials)
- ~ Instruction and guidance from a qualified and experienced PADI Instructor
- ~ Use of Scubapro Diving Equipment
- ~ Dive log book
- ~ Dive insurance
- ~ PADI Rescue Diver certification

#### What do you need?

- To be at least 12 years old (if under 15 years old you will receive a PADI Junior Rescue Diver certification)
- To be medically fit to dive
- EFR Primary and Secondary Care training completed within the last 12 months (this can be completed at Bawah along with the Rescue Diver course)

# PADIEFR COURSE

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### **PADI Emergency First Response (EFR)**

teaches the skills required to respond to a medical emergency. In line with international guidelines, the course teaches simple steps to respond to emergencies and does so in a nonstressful learning environment.

### You will learn both primary and secondary care skills, including:

- ~ Primary assessment
- ~ Cardiopulmonary resuscitation (CPR)
- ~ Serious bleeding, shock and spinal injury management
- ~ Conscious and unconscious choking management
- ~ Injury and illness assessment
- ~ Bandaging and splinting dislocations and fractures

#### **PROGRAMME DETAILS**

#### What's included?

- ~ 6 hours of instruction
- Online EFR Primary and Secondary Care Manual
- ~ EFR Primary and Secondary Care Certification E-Card

#### What do you need?

- No minimum age, but we recommend 12 years or older
- ~ Online EFR Primary and Secondary Care Manual

# GUIDED SNORKELS

Snorkelling is a great aquatic experience at Bawah Reserve due to the beauty of our reefs and a wide array of marine species including 253 species of fish and 63% of the coral genera found in Indonesia. Get expert insights from our snorkelling guides.

#### **GUIDED SNORKEL SAFARI**

New to snorkelling or want guided exploration? Join our Activity Team for daily guided snorkels where you'll learn absorbing facts about the behaviour and diets of the marine species in our waters.

#### PRIVATE GUIDED SNORKEL (\$)

Go deeper when you join a guided boat excursion where you and your family can explore snorkel spots beyond our house reef. Book it via the Activity Centre.

#### NIGHT SNORKEL SAFARI (\$)

Another world awaits after sundown. Join our team to explore our reef in a new light. Night snorkelling offers a chance to experience coral feeding (and spawning - if you're lucky!) and to see nocturnal animals that are hidden during the day. For something extra special, rent UV torches to reveal the stunning underwater hues of fluorescent green, red, orange and yellow emitted by corals at night.

#### SNORKEL LIKE A PRO!

Want to get some fantastic shots of your snorkel excursion? Hire one of our Diver Propulsion Vehicles (DPVs), GoPro cameras or new SeaLife underwater mobile phone housing to capture even more holiday memories. *Pricing can be found at the back* of this brochure.



### **DIVE & SNORKEL PRICING**

CAT	DIVE TYPE	*IDR"	**USD \$"
Try Dives	Bubblemaker Fun Dive after Bubblemaker Discover Scuba Diving (DSD) Fun Dive after Discover Scuba Diving (DSD)	4,000 3,000 4,000 3,000	250 188 250 188
Fun Dives	Bawah Scuba Refresher Fun Dive Night Dive (Fun Dive) UV Fluorescent Night Dive (Inc. UV Torch) Black Water Diving Experience (2 pax min.) Marine Conservation Dive Snorkeller Joining on Dive Boat (with Guide) (1pax)	1,500 2,500 2,800 3,000 3,000 3,000 700	94 156 175 188 188 188 44
Fun Dive Package (Purchase prior to arrival)	Fun Dive Package 5 Dives Per Villa Fun Dive Package 10 Dives Per Villa Fun Dive Package 15 Dives Per Villa	11,000 21,000 30,000	688 1,313 1,875
PADI Diving Courses	PADI ReActivate PADI Scuba Diver PADI Open Water Course PADI Open Water Referral PADI Advanced Course PADI Rescue Course Emergency First Response (EFR) Course	5,000 12,000 21,000 16,000 17,000 16,000 5,000	313 750 1,313 1,000 1,063 1,000 313
PADI Adventure Dives	PADI Adventure Dive (Please view page 35 for a list of possible adventure dives)	5,000	313
PADI Specialty Courses	Specialty Course - 2 Dives Specialty Course - 4 Dives (Please view pages 15 & 39 for details on our specialty courses)	8,000 14,000	500 875
Marine Conservation Hero Experiences	Coral Restoration Experience Reef Health & Predator Removal Experience Turtle Conservation Experience (Diver) Turtle Conservation Experience (Snorkeller)	17,000 15,000 13,000 11,000	1,063 938 813 688
Anambas Island Diving Adventure (2 Pax min.)	Kiabu 2 Dives Mengkait 2 Dives Telaga 2 Dives Tokong Malangbiru 2 Dives Kiabu 3 Dives Mengkait 3 Dives Telaga 3 Dives Tokong Malangbiru 3 Dives Anambas Island Single Diver Surcharge	9,000 12,000 15,000 15,000 11,000 14,000 17,000 17,000 5,000	563 750 938 938 688 875 1,063 1,063 313

CAT	DIVE TYPE	*IDR"	**USD \$"
Night Snorkelling	Night Snorkelling In Lagoon (1-2pax)Night Private Night Snorkeling Trip By Boat (1-2pax) Night Snorkelling Extra Pax UV Light Rental for Night Snorkelling	1,600 3,655 800 500	100 228 50 31
Rental & Hire	Sport Diver Underwater Android/iPhone Housing Rental GoPro/Underwater Camera Rental	850 850	53 53
	Sidemount Equipment Rental for Fun Dive (Specialty Certified)	1,000	63
	DPV Rental for Diving (1 Dive) Not Specialty Certified DPV Rental for Diving (1 Dive) Specialty Certified DPV Rental for Snorkelling (1 Snorkel Session) Private Diving Boat (Additional Charge)	1,500 1,000 1,000 4,000	94 63 63 250

#### **DPV USAGE TERMS**

#### For Certified Scuba Divers

- Certified Divers without a DPV specialty certification may try a DPV during a fun dive under the supervision of one of our PADI Professionals.
- If guests wish to upgrade and complete the PADI DPV Specialty, one of their DPV fun dives can count towards (and be discounted from) the subsequent specialty, if taken during the same visit to Bawah

#### **Specialty Certified DPV Divers**

~ Rent DPVs for one or two dives (guide ratio of two divers to one guide).

#### **DPV Specialty Certification**

~ Obtain a DPV certification in one day (two dives) with e-Learning through PADI (inc. DPV rental).

#### **For Snorkellers**

 Snorkellers who accompany boat divers or our Activities Team may rent a DPV without certification. Snorkellers will be accompanied by a guide at a ratio of two snorkellers to one guide.

#### DISCOUNTS

#### We offer multiple dive discounts:

- ~ 10% for returning diving guests
- ~ 10% for 2 or more courses

Please also explore our fun dive package options that are required to be purchased prior to arrival for further savings

#### **TERMS AND CONDITIONS**

Please notify us in advance of your intention to dive to ensure availability. Dive times are subject to change.

\*Fees are charged in Indonesian rupiah millions (IDR) at prevailing currency conversion rates and subject to 21% tax and service.

\*\*USD \$ conversion is an estimate based on an exchange rate of IDR 16,000 to US\$1.

### BOOK YOUR DIVE EXPERIENCE

reservations@bawahreserve.com whatsapp: +62 8131 297 2018



BAWAH RESERVE, ANAMBAS, INDONESIA

